



MY THERAPY HOUSE

# SUPER SENSORY SEYMOUR

I do not like bright lights

I can be sensitive to  
loud sounds

I do not like to brush,  
wash or cut my hair

Some smells really  
bother me

I do not like to brush my  
teeth

I like to smell people  
and objects sometimes

I am a picky eater

I do not like tags on my clothes

I can be clumsy and fall  
over things sometimes

I do not like to wear  
clothes

I have poor gross motor  
skills

I enjoy being squeezed,  
I like pressure

Sometimes, I do not like  
to be touched

I do not want my hands  
to be dirty

I like wearing the same  
clothes

I have poor fine motor  
skills

I can lose my balance

I get overstimulated and become  
upset

I crave fast spinning

I get fearful and anxious sometimes

I have poor body  
awareness

I overreact to minor scrapes and cuts

I cling to adults that I trust

I sometimes walk on my toes



Hi!

I'm Super Sensory Seymour.

The world is a busy place and we have systems in our body that help us understand the world around us.

I like to wear my cape because it reminds me that my differences make me – ME!

They show other people who I am.

Sometimes I need to let others know what I like and do not like.

It makes me happy when others understand me.